



“Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth.” Psalm 46:10 (NIV)

Two reflections about this.

What would this mean to our lives if we lived as if this was true? Would it still or calm our anxiety? Would it reduce fear and concern for our wellbeing or security? Would being *still* take any pressure off all the expectations we and others place on us? Would this free us up to just do our best while relieving any concern about not being good enough?

And secondly, this is true whether we *live* it or not. God *will* be exalted among the nations and throughout the earth whether we *like* it or not. In spite of all we do or do not do, God is going to be exalted. That pressure is not on your shoulders. Letting God be God frees you up to just be yourself.

Because of God, I think you're doing ok and I think this is something worth sharing. Jas

CHURCH SERVICE TODAY

Service Leader: Jas

Preacher: Jas

Our Service will be streamed online today at:

<https://youtube.com/live/ED5GxpzyfaY?feature=share>

PRE-SERVICE PRAYER: 9.45am in Barrett Room

READINGS:

Jeremiah 29:1, 4-7

Jeremiah 29:4-7

1 Corinthians 7:8-11

The Worship Hymns and Songs:

I Then Shall Live

His Mercy Is More

Oceans

The Blessings

CELEBRATIONS:

Birthdays: *Jessica Waddington, Lynette Fowler, Jack Wilcox, Donna Abernethy*

Wedding anniversary: *Richard & April McMurdo*

May The Lord bless you and keep you well 😊

READINGS FOR THE WEEK:

Mon 3 February: 1 Corinthians 2:6-16

Tue 4 February: 1 Corinthians 14:13-25

Wed 5 February: Luke 19:41-44

Thu 6 February: Acts 9:19b-25

Fri 7 February: Acts 9:26-31

Sat 8 February: Luke 4:42-44

Sun 9 February: Luke 5:1-11

NOTICES: -

Sunday 2nd February: Heroes recommences

Sunday 2nd February: Inter-church food donation collection.

Items to go in foyer box provided. We received a certificate of appreciation and calendar from the Salvation Army for our gifts.

Tuesday 4th February: Young Adults Group, 7pm, 32 Kingsbury Ave

Wednesday 5th February: Connect, 10am, 32 Kingsbury Ave

Wednesday 5th February: Women's Fellowship, 2pm, Wyllie Room. Contact Annette Paterson 03 313 4116 for more information or if transportation is required.

Prayer for our friends:

Please pray for *Merle Wilcox, Neil and Sue Burt, Allan Russell, Edna Van Der Loon, Mary Stewart and Ian Cormack.*

CHURCH DUTY ROSTER FOR FEBRUARY 2025

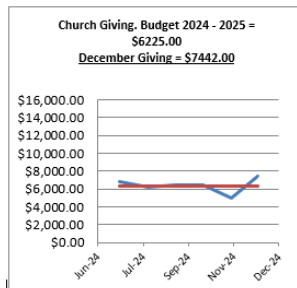
02 February

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| Elder Duty: Gaye Edwards | Door Duty: Margaret Hamilton and Kim Fletcher |
| Power Point: Richard McMurdo | Mini Bus: Graham Gibson and Donna |
| Morning Tea: Averil and Graham Gibson | Offering Count: Graham /Richard |
| Readings: Max | Heroes Leader: Kate |
| Prayers: Ewen Nichol | Fun with Music: Starts 10 th February |

09 February

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| Elder Duty: Anne Moffat | Door Duty: Alon and Tracy Mayhew |
| Power Point: Tracy Mayhew | Mini Bus: TBC |
| Morning Tea: Averil and Graham Gibson | Offering Count: Graham/Richard |
| Readings: Howard Fowler | Heroes Leader: TBC |
| Prayers: Anne Moffat | Fun with Music: 10/02 Mary Blaikie |

Giving Chart for December 2024:



Season of Prayer and Fasting:

| Date | Focus | Practice: |
|---------------------|---|---|
| 1 st Feb | Love for one another as a response | Send a card to someone in the church with a blessing or a word of encouragement for them. |
| 2 nd Feb | Being connected with those who need Jesus most. | |
| 3 rd Feb | As Christ's Ambassadors | As an Ambassador for Jesus, where are 5 places God is sending you. |
| 4 th Feb | Internal Connections and small groups. | Invite someone at JKR for coffee or lunch over the next week. |
| 5 th Feb | With Rangiora Community | Try to discover how someone you have met recently in Rangiora spent their Christmas Day. |
| 6 th Feb | With our Neighbours | Have a conversation with 3 of your neighbours during the week. |
| 7 th Feb | With our Mission partners | Look up information on one of our Mission partners and see if you can discover something about them or their mission organisation. |
| 8 th Feb | Being Welcoming on Sundays. | At the Sunday Worship Service tomorrow, go and talk to 5 people you have not met or had much to do with either before or after the service. |

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| Minister | Rev Jas King | 027 452 7546 | jason@johnknoxrangiora.co.nz |
| Parish Council correspondence | Kayla Crampton | 027 869 2327 | Kmjcrampton@gmail.com |
| Financial Committee: | Tracy Mayhew 027 3257 377 | Annette Wright 021 036 3922 | Richard McMurdo 021 1175 300 |
| | Margaret Hamilton 022 090 5361 | | |
| Facility Booking: | Tracy Mayhew | 027 3257 377 | admin@johnknoxrangiora.co.nz |
| Parish Clerk: | Craig Sargison | 021 716 984 | Sargison.craig@gmail.com |
| Newsletter Editor: | Megan Waddington | 022 108 2007 | waddingtonmegan@yahoo.co.nz |
| Church contacts: | P.O. Box 74, Rangiora 7440 | 03 313 7355 | www.johnknoxrangiora.co.nz |
| Complaints and Disputes Manager | PCANZ | 0800 244 357 | ComplaintsandDisputesManager@presbyterian.org.nz |